

IWF CrossFit



COREDELUXE

FROM ONE STAGE TO ANOTHER

TRUE STRENGTH



TRUE STRENGTH KNOWS WHAT'S ESSENTIAL



PRODUCT OVERVIEW

Coredeluxe Technique Plates are constructed from a high-density polyethylene (HDPE) plastic, Coredeluxe Technique Plates have the same 450mm outside diameter as standard full-size Olympic bumper plates, but in a much lighter, more manageable weight range: 2.5 & 5 KG, 5 LB & 10 LB. This enables beginner or rehabbing athletes to practice their starting movements from the proper height off the ground (whether it be clean, snatch, or even deadlift) before transitioning to actual bumpers. Coredeluxe Technique Plates make a great complement to our line of exclusive Technique and Junior Barbells. They're also easy for anyone to load/unload due to their light weight and a grip-friendly raised lip.

Virgin Rubber

100% virgin rubber

100% virgin rubber with no smell or odd which affect human body or healthy.

Accurate Weight

+/- 10 Grams

The weight tolerance of Coreduluxe IWF competition bumper plates could be within +/- 10 Grams.

High-level customization

Customization allowed

High-level customized and being capable to use as Crossfit Game Plates.

Features

- 1. Coredeluxe technique plates are produced for learning the right technique, and ideal for learning the correct technique for Olympic weight lifting or power lifting.
- 2. Coredeluxe technique Plates are these lightweight weight plates made of sturdy plastic are suitable for beginners, young people, athletes who want to improve their shape and for rehabilitation after an injury.
- 3. Coredeluxe technique Plates are also perfect for trainers and coaches to safely learn new movements or to assess an athlete's progress. These technique weight plates have a standard diameter of 450mm (just like standard Olympic weight plates) and are suitable for almost all Olympic weight bars..
- 4. Coredeluxe technique plates are for beginners, young people, shape improvement, rehabilitation etc, and Made in Xiamen P.R.C from high-quality and robust polyethylene plastic. Collar open hole of 50 mm, suitable for Olympic barbell bars.
- 5. IWF Standard, Quality, IWF Standard and quality give you best Olympic feeling.
- 6. Coredeluxe technique plates are the high-quality plastic has been tested free from harmful substances according to REACH and very precise in weight with a tolerance of only +/-10 grams. Available in four different weights.

PRODUCT SHOW

2.5KG

IWF Technique Plates



Material: HDPE

Hardness: 95 Shore A

Weight tolerance: +/- 10 Grams

Collar opening: 50.4+-0.1mm

Color: Red

Thickness: 82mm

Diameter: 450mm

Construction:

High-Density Polyethylene

Country of origin: Xiamen, P.R.C

5.0KG

IWF Technique Plates



Material: HDPE

Hardness: 95 Shore A

Weight tolerance: +/- 10 Grams

Collar opening: 50.4+-0.1mm

Color: White

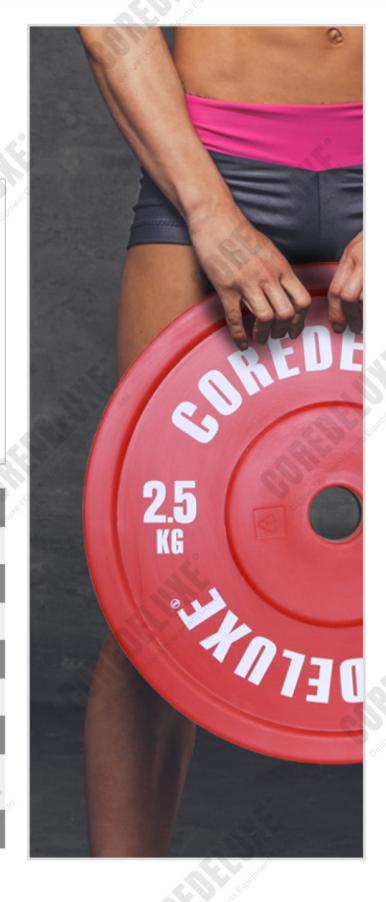
Thickness: 100mm

Diameter: 450mm

Construction:

High-Density Polyethylene

Country of origin: Xiamen, P.R.C







IWF STANDARDF OF TECHNICAL TRAINING



Circulating material

5.0LB

IWF Technique Plates



Material: HDPE

Hardness: 95 Shore A

Weight tolerance: +/- 10 Gram

Collar opening: 50.4+-0.1mm

Color: Red

Thickness: 88mm

Diameter: 450mm

Construction:

High-Density Polyethylene

Country of origin: Xiamen, P.R.

10LB

IWF Technique Plates



Material: HDPE

Hardness: 95 Shore A

Weight tolerance: +/- 10 Grams

Collar opening: 50.4+-0.1mm

Color: White

Thickness: 100mm

Diameter: 450mm

Construction:

High-Density Polyethylene

Country of origin: Xiamen, P.R.C